

Four glamorous beauty contests:

LITTLE Princess, LITTLE Miss Aruba, and LITTLE Pre Teen y PRE Teen 2015



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Congratulations Cas di Princesa Aruba



MR. Adonsito Croes, very proudly congratulates 'Cas Princesa Aruba' for the fabulous pageant show that took place at Cas di Cultura last week. During a colorful presentation, Aruba was introduced to 4 young girls, who, in a near future will be in the lights of important beauty pageants, both nationally and internationally. Four glamorous contests were presented, Little Princess, Little Miss Aruba, and Little Pre Teen y Pre Teen 2015.

The theme of the beauty pageant was 'Jungle'. And all the girls knew how to create a jungle atmosphere in their opening appearance act; all dressed in their favorite jungle animal costumes. The night developed in a very glamorous and unforgettable show by all the candidates that illuminated the room with their elegant dresses and their beautiful smiles.

CasPrincesa conveys a warm gratitude to: Addonsito Croes, Raquelita Maduro, Elmer Leanez, Lena Anthonij, Orwin Gomes, UranisBoekhoudt, Xavier Maduro, Derlina Kock, LendleLoefstop, Danny Loefstop, Jayden Wester, GilianWester, Jayleen Croes, Zoom Aruba and all the sponsors who made this night fabulously glamorous.



Youth ART Exhibition 2015





XVIII Latin American Table Tennis CHAMPIONSHIP

THIS year, Puerto Rico will be the host of the XVIII Latin America Youth Table Tennis Championship from the 23rd to the 29th of June. Three of our young athletes will be going to Puerto Rico to participate in this big event which will take place at the city of Salinas in the Coliseum Multiusos Ismael Delgado.

Our athletes will compete in the U-15 category and were proudly selected to represent our country. They

are: Jeandry Mathilda, Jhonatan Paredes and Ching Ho Chung, and the coach that is traveling with the Aruban delegation is Rudy Raga.

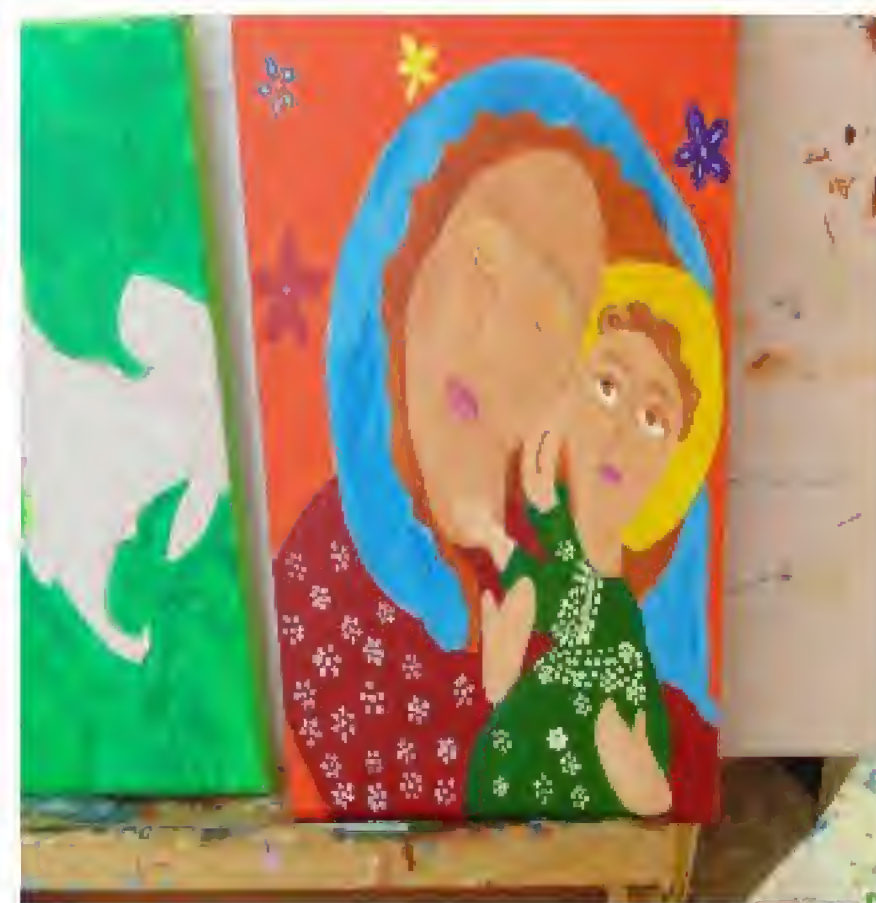
These three athletes, 12 and 13 years of age, are going through extensive trainings for this international championship. They train hard every day, three hours per day and 4 times a week. The Table Tennis Federation is very proud for their wonderful performance. More and more athletes are joining this

sport and many are competing internationally and are harvesting success.

Lotto, the Aruba's Lottery and the Subsidy Commission, sponsored the travel expenses of the Aruba Delegation to Puerto Rico. The Table Tennis Federation conveys a warm gratitude to them for their continuous support of all our athletes who work hard in their respective sports to excel both nationally and internationally.

IT'S amazing how kids can create the most amazing things with their talents. Given the right tools, children are capable of discovering their wildest and most wonderful side of their imaginations. On Saturday June 20th at 5pm, a celebration showcasing this imagination will be held at Cas di Cultura.

Over 130 original paintings will be exhibited. The event will showcase a combination of acrylic and oil paintings, which were specially created for the exhibition by young students. Local art teacher Miriam de L'Isle will also be displaying her artwork. The exhibition will be open until July 1st. Cas di Cultura's openings hours are from 8:00am to 5:00pm, and the entrance for the exhibition is free. Youth Art Exhibition would like to express their gratitude to the following sponsors: UNOCA, Aruba Airport Authority, Burger King and Setar.



TOURISM in Aruba continues to GROW

The month of May 2015,
ensured a growth of 12.3%

TOURISM has contributed positively to the economic growth and continues to be the main economic activity. Furthermore, tourism is the main employer and foreign exchange earner. During the month of May 2015, a total of 87,691 tourists visited our island. This is 9,604 more tourists compared to May 2014. According to the Year-to-Date (YTD), Aruba received 481,706 visitors, which is an increase of 18.3% compared to last year.

The total growth of May 2015 compared to 2014:

North America:

- United States: Visitors: 50,568 tourists. Increase: 5.3%.
- Canada: Visitors: 2,227 tourists. Decrease: 2.8%.

This is a total increase of 5.0% which represents 60.2% of the total market share of tourism in Aruba.

Latino America: Visitors: 25,387 tourists. Increase of 34.0%, 6,440 more visitors.

- Venezuela: Visitors: 19,158 tourist. Increase: 54.2%, 6,730

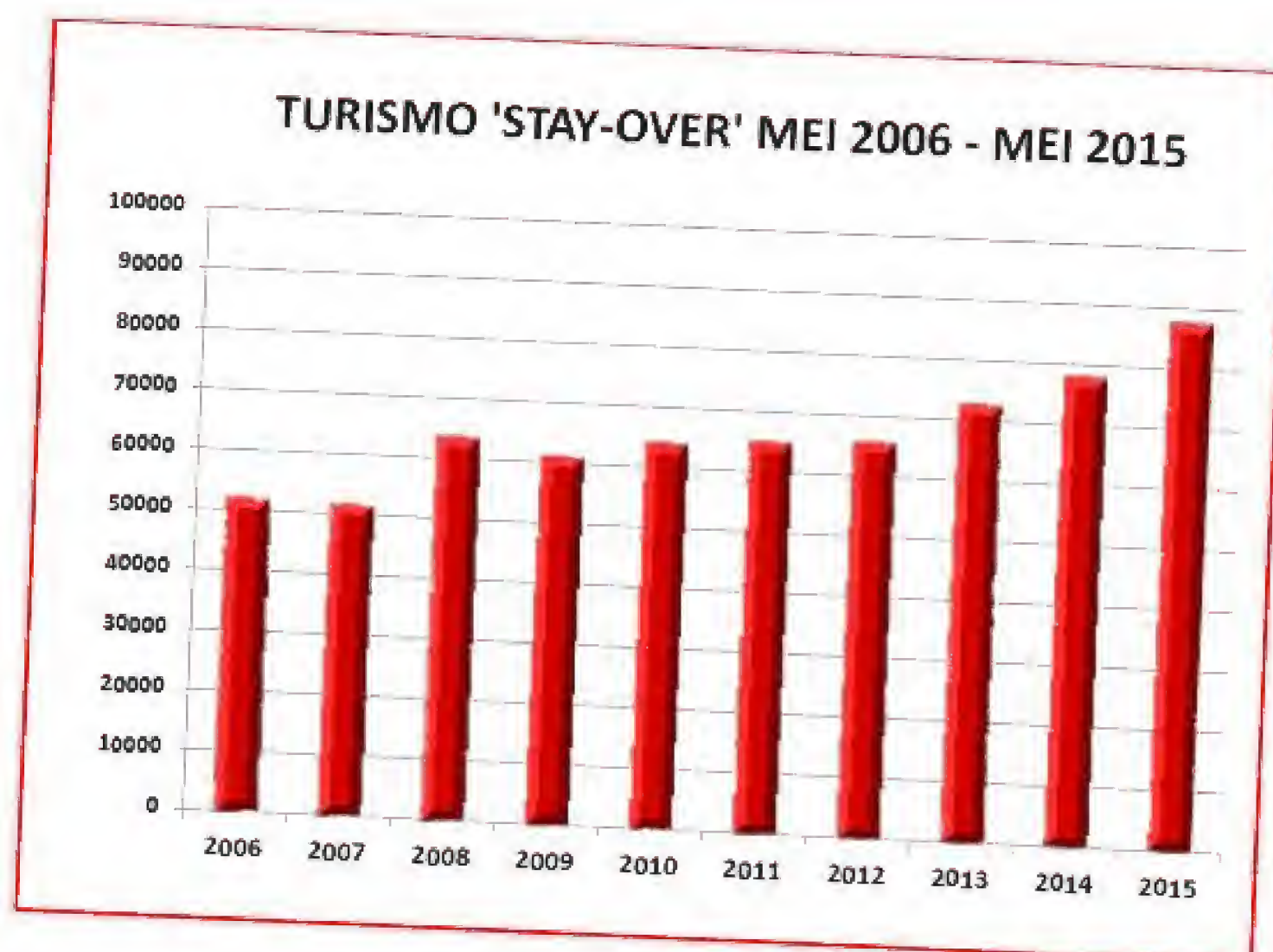
more visitors.

- Colombia: Visitors: 1,499 tourists. Decrease: 17.0%, 307 less visitors.
- Chile: Visitors: 880 tourists. Increase: 30.2%, 204 more visitors.
- Brazil: Visitors: 1,357 tourists. Decrease: 15.1%, 241 more visitors.
- Argentina: Visitors: 918 tourists. Decrease: 11.7%, 122 less visitors.

This is a total increase of 29.0% of the total market share.

Europe: Visitors: 6,077 tourists. Increase of 2.6%, 154 more visitors.

- Holland: Visitors: 3,172. Increase: 1.1%, 35 more visitors.
- Germany: Visitors: 341. Decrease: 0.6%, 2 less visitors.
- United Kingdom: 266. Increase: .01%, 1 more visitor.
- Italy: Visitors: 266. Increase: 9.5%, 23 more visitors.



Nordic

- Countries: Visitors: 145. Decrease: 13.2%, 22 less visitors.

Cruise ship Tourism: 13 calls reached Aruba both in 2015 and 2014.

- Visitors: 26,447. Decrease: 24.0%.

Quality of Tourism

One way to measure the quality of the tourist that Aruba attracts is by the Average Daily Rate (ADR). The price that the tourist pays per room per person is measured. It is very important to maintain a high occupancy without interfering with the prizes of the hotel rooms. According to AHATA, has the ADR in May 2015 increased with 12.4% compared to May 2014. This is \$189.44 in May 2014 and \$212.88 in May 2015. The occupancy in the hotel

rooms

was in May 2014 75.8% in May 2014 and 75.8% in May 2015. This is a decrease of 4.0%. The profit per room, the REVPAR increased with 6.3%. In May 2014 it was \$143.76 and May 2014 \$152.76. The total available rooms per night dropped with 11.2% and the reason for this was to temporary closing of the RIU Palace Aruba for renovation. This is a decrease of 16%.

Efforts of the Aruba Tourism Authority The concerted efforts of the Aruba Tourism Authority along with our partners reflect on the positive results that are confirmed by the continuous growth in the tourism industry which means that our economy is also growing.

InselAir Increases Frequent Flights

INSELAIR increases frequencies to Paramaribo, Port-au-Prince, Kingston and Santo Domingo Willemstad, Curacao - Due to an increasing demand from above mentioned destinations to connect to InselAir's network of 24 destinations, InselAir will increase its number of flights to Paramaribo, Port-au-Prince, Kingston and Santo Domingo.

Eight flights weekly to Paramaribo.

InselAir already offers daily flights to Paramaribo and will, as of July 3rd, offer an extra flight from Curacao on Friday, departing Curacao Airport at 20:25 and arriving in Paramaribo at 23:55. Flight

returns to Curacao on Saturday at 07:15 and touches down in Curacao at 09:00.

Direct flight to Port-au-Prince: now 3 flights per week

In order to improve connectivity to Port-au-Prince and also from Port-au-Prince to our network, InselAir will add a direct flight from Curacao to Port-au-Prince to its schedule on Monday, which increases frequency to a total of 3 flights per week. Flight leaves Curacao at 09:50 and arrives in Port-au-Prince at 11:50. Return flight is scheduled on the same day departing at 12:50 and arriving in Curacao at 14:50. This additional frequency will start on July



Aruba INVESTS \$100 MILLION In Island Upgrades

AS part of Aruba's ongoing, \$1 billion+ island revitalization and beautification project, the destination recently invested more than \$100 million in significant hotel updates to enhance visitors' experiences, with an additional \$50 million planned for next year. The Aruba Airport Authority also fully renovated the Reina Beatrix International Airport, introducing new amenities and services true to the One happy island brand.

Major recent/upcoming property enhancements include:

Divi Resorts: Will have invested \$36 million by end of 2016 – covering construction of 60 new luxury rooms at the Divi All-Inclusive and a 135-suite addition to the Divi Phoenix. Divi Dutch Village rooms will also receive a new look.

Renaissance Aruba Resort and Casino: Completed a \$25 million renovation of the adults-

only Marina and family-friendly Ocean Suites properties last year; an additional \$3.5 million investment is slated this year.

Riu: Formerly a Westin property, Riu Palace Antillas opened Oct. 11, 2014, following a \$20 million renovation.

Marriott Aruba Hotel: Will invest \$20 million in further improvements to the resort in the next 18 months.

Holiday Inn Resort Aruba: Completed a \$20 million renovation; an additional \$2 million investment is slated for this year.

Hyatt Regency Aruba Resort and Casino: \$12 million in upgrades across property slated for completion by end of 2016.

La Cabana Beach Resort and Casino: \$6 million slated for store fronts and soft goods replacements over the next year.

Tropicana Aruba Resort and Casino: \$5 million slated for completely renovating and reopening 74 of its rooms as well as upgrading various other areas of the property.

The Mill Resort and Suites: Invested \$4 million in the last 24 months; further phased improvements slated for the pool deck and rooms with an average investment of \$100,000 per room.

Bucuti & Tara Beach Resorts: Spent \$3 million over the last 24 months upgrading the property; additional \$3 million slated in 2016.

Talk of the Town Hotel and Beach Club: Completed nearly \$3 million dollar renovation of pool, restaurant and guest rooms; additional \$1.5 million slated this year for guest and meeting rooms.

Occidental Grand Aruba: \$1 million+ slated this year on property improvements.

Manchebo Beach Resort and Spa: Invested \$1 million in restaurant and fitness room upgrades.

In addition to the renovations and improvements made to the island's hotels, the Aruba Airport Authority upgraded traveler amenities at the Reina Beatrix International Airport – including an airport wide Wi-Fi upgrade, installation of APC and ABC Kiosks, three new F&B concepts and an additional 150 seats, and an update to the airport arrival hall and VIP lounges.

Airport investments between \$100-150 million are planned in the upcoming years, as traffic continues to reach new heights. In 2014, the airport accommodated a record 2,528,377 passengers.

«Aruba's government, hotel partners, airport authority, businesses and friendly local people are equally committed to the continued enhancement of our One happy island» said Otmar Oduber, Minister of Tourism, Transportation, Primary Sector and Culture. «Visitors receive five-star treatment from the moment they land in Aruba, and we encourage them to explore the signature attractions across our always-improving destination.»

6th, 2015.

Kingston: 3 flights per week:

A flight on Wednesday will be added, departing from Curacao at 10:10 and arriving in Kingston on 11:40. Same day return is scheduled at 12:40 with an arrival time of 16:10 in Curacao.

2 extra direct flights result in daily flights to Santo Domingo:

Since June 2nd InselAir offers 2 non-stop flights from Curacao to Santo Domingo on Tuesdays and Fridays. Flight on Tuesday leaves at 09:50 and arrives in Santo Domingo at 11:40. Return flight will depart at 12:30 and is welcomed back on Curacao at 14:20. On Friday, the flight leaves at 15:20 and touches down at 17:10 and returns to Curacao at 18:00 where it arrives at 19:50.





Aruba airport FACIAL RECOGNITION pilot to pave way for future European preclearance program

ARUBA

International Airport's biometrics-based passenger processing system pilot is slowly laying down the foundation for what stakeholders hope will eventually evolve into a broader European preclearance program, according to a report by Future Travel Experience.

The news comes a few weeks after Aruba Airport announced it will begin trialing Happy Flow, a new biometrics-based passenger processing system developed by Vision-Box, at airport check-points later this year.

Using facial recognition technology and eGates, the Happy Flow processing system is designed to improve the airport experience by taking a photo of passengers' faces when they check in and get their passport validated at various checkpoints throughout the airport.

The project is made possible by the multiple stakeholders involved, including the governments of Aruba and the Netherlands, Schiphol Group, KLM, Aruba Airport Authority and lead contractor Vision-Box, as well as its sub-contractors, Oelan and Considerati, and SAS.

"This has been about two years in the works and it's being driven by the fact that the government of Aruba wishes to offer preclearance for Europe," said Annet Steenberg, chair of the Aruba Happy Flow Board and Coordinator of Preclearance for the Government of Aruba. "It already offers this service for the US, but it wants to offer the same thing for people travelling to Europe. Happy Flow is the first step in the roadmap to have European preclearance."

Initially implemented as a two-year pilot, Aruba Happy Flow will be amended during the next couple years at the end of each "innovation sprint," which will last three months each.

The first innovation sprint will focus on consolidating the infrastructure, followed by the second innovation sprint, which will be devoted to the development of the "workflow orchestration" to benefit public and private partners.

Creating a seamless workflow is crucial to the project's success. When a passenger checks in and completes the immigration checking process at a self-service kiosk, the airport stakeholders will instantly receive their data.

For example, the immigration agency will be notified when the passenger checks in, and as a result, they know that they will soon be entering the immigration checkpoint. Using the same data that was previously available, Happy Flow makes the information far more easily accessible and actionable for each of the stakeholders.

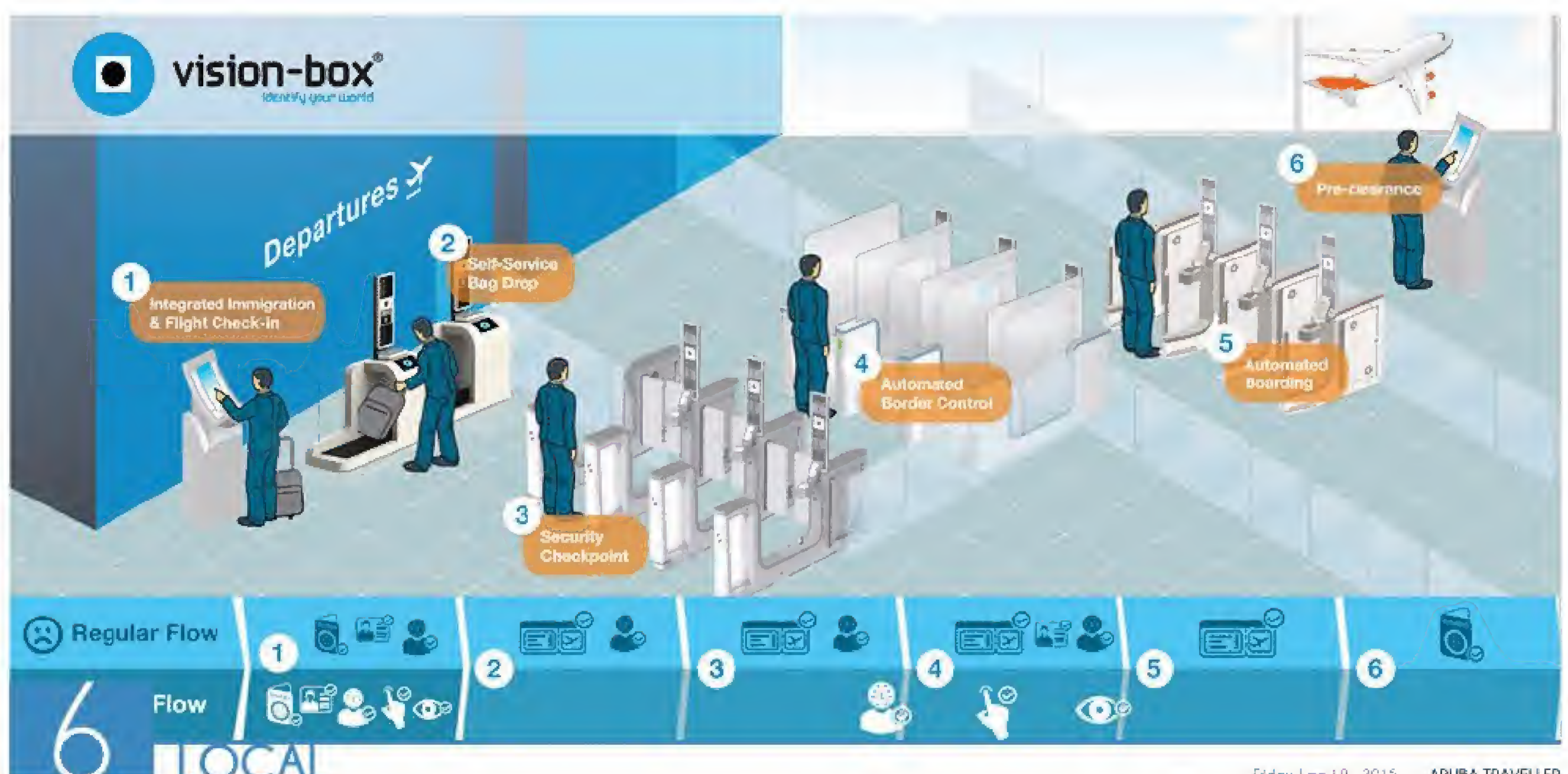
The pilot will initially invite a number of KLM passengers with European passports, travelling on the five-times-weekly flight to Amsterdam from Aruba, to participate.

The number of participants invited to test the technology will eventually increase over time as the pilot progresses.

Once the pilot has successfully achieved its broader goal of pre-clearance in cooperation with the Dutch and EU authorities, passengers will be treated as domestic passengers when arriving in Amsterdam since they will have already completed the immigration process in Aruba.

Manuel van Lijf, Director of Product Innovation at Air France-KLM, who is heading up the project on KLM's behalf, said that the project could soon be extending the number of touch-points included in Happy Flow.

Meanwhile, the development of a wider European preclearance program remains as more of a long-term goal. "There is lots of interest and willingness, but we need to see how we can navigate the politics," said Lijf. "It is the ultimate goal, but it will take a few years. After all, there are 26 Schengen member countries to convince."



SAVE THE DATE!

June 26th & 27th, 2015

THE beautiful island of Aruba is proud to host a brand new multi-day music event, called the Aruba Summer Music Festival. The festival will kick off on June 26th, 2015 at the Harbor Square Arena. International Latin Grammy Award winners will showcase a variety of music genres alongside Aruba's best local bands at the national port of Aruba.

Headlining for the Aruba Summer Music Festival is popular artist from Miami Pitbull, whose achievements include multiple Latin Grammy Award hits and numerous successful tours. Pitbull, who recently wrapped up an extensive tour in Asia, also sold-out multiple venues in the US in 2014 with record-breaking artist Enrique Iglesias.

Additionally, Latin sensation and Colombian singer-songwriter Carlos Vives is also performing at the festival. Vives's countless achievements in the music industry have made him a standout performer around the world, thanks to his countless hits and concert tours.

Another artist performing at the festival is Jerry Rivera, better known as "Bebe de la Salsa". Rivera is known for revolutionizing the world of salsa in the 90's. His unique way of dancing salsa and his charismatic presence has made him a favorite amongst thousands of fans around the world. Another artist who will join the stage is merengue and bachata star Elvis Crespo, who is especially known for his top hits "Pintame" and "Suavemente".

For the younger audience, Aruba is proud to present popular reggaeton artist, Nicky Jam. Nicky currently holds the record for most appearances on various artist albums, which was formerly held by hit reggaeton artist, Daddy Yankee. At present, he is one of the fastest rising and influential singers in the Latin music scene. The line-up for June 26 2015 (Friday) will be Grammy Award Winner Carlos Vives, merengue star Elvis Crespo, and salsa legend Jerry Rivera.

For June 27 2015 (Saturday) the audience can expect an out-of-this-world performance by successful reggaeton artists Nicky Jam and Pitbull.

Together with these international artists, there will also be local DJs, bands, and artists such as Zion, DJ Gogo, DJ Beatz, Nutzbeatz, N'Fuzion, Tsunami, Le Groove, D'Licious and Robert Jeandor and his Solo Banda Show.

Transportation for tourists will be taken care of by Fofoti Tours. During the festival, special parking places have been arranged, and a shuttle service will be transporting everyone to and from the festival location. Audiences have the option of choosing 4 different sections to watch the concert.

For more detailed information, including travel packages, visit: www.arubasmf.com, www.aruba.com, or search for Aruba Summer Music Festival on Facebook. The Aruba Summer Music Festival is being produced by Loco Lobo Production, SD Concerts, and is supported by the Aruba Tourism Authority.



Aruba and Dom Rep make it on to Virgin Holidays' radar



VIRGIN Holidays has launched its Caribbean & Mexico 2016 brochure with the addition of Aruba and the Dominican Republic for the first time.

The two newly featured destinations in the programme mean the operator is now offering 158 resorts and properties across 12 islands.

Other new features in the brochure include advance check-in being offered at selected hotels in Barbados, St Lucia and Antigua while dedicated family rooms sleeping up to two adults and three children are available at 16 hotels on six islands.

Meanwhile, the Occidental Grand Xcaret in Cancun has introduced a new baby concierge service, which includes high chairs, steriliser, bottles, baby bouncer and a crib when staying in a Club Room.

Two new tours have also been added to the programme, including the 16-day Treasures of Mexico tour and the 11-day Revolution and Relaxation tour in Cuba.

Nicki Goldsmith, head of product services for the Caribbean, said: "We're thrilled to be adding two new islands, Aruba and the Dominican Republic to our collection of award winning Caribbean holidays for 2016.

"The new brochure is filled with inspirational ideas for both families and couples who are looking for that perfect escape." Prices for the new Cuba tour lead in at £2,065pp and include return flights and transfers, listed tours, and full board accommodation. The group size is a maximum of 25 people.



Team Aruba RETURNS to Historic Maryland International Raceway

for IHRA President's Cup Nationals

MARYLAND International Raceway has been a long hatching ground for historic races and record setting runs, especially for Mountain Motor Pro Stocks. This weekend Pro Stock returns to MDIR for the IHRA President's Cup Nationals. Pro Stock standout Trevor Eman and Team Aruba have their sights set on making some historic runs of their own down this famed raceway.

"This is a race track we've visited often in the past for IHRA races, MMPSA races and testing opportunities," stated Eman. "Budds Creek is full of history, great stories, and incredible racing for the Mountain Motor Pro Stock class. It's a fast race track where we always enjoy competing."

"Our engine is back from its scheduled maintenance", says Jon Kaase from Racing Engines. "We have great confidence in our engine builder and the entire team at JKRE to supply us with high horsepower engines and we can't wait to have that show up on the scoreboards in Budds Creek."

Team Aruba has had a strong presence since re-joining the IHRA this season, and with continued horsepower improvement, they are aiming for their first win of 2015. As focused as the team is on beating the competition, they also have a strong emphasis on their fans and partners. The Aruba.com Mustang will

be a proud official new sponsor, just in time for the President's Cup.

"This weekend and the rest of this season we will be accompanied by a new partner, the Aruba Airport Authority," said Eman. "Since we have to travel for every race to get to the US, the airport in Aruba is a place we're no stranger to. Moreover, it's a place where all tourists pass through, so we feel being partnered with Aruba Airport Authority is a perfect fit for us."

Trevor Eman further expressed his pride and excitement: "The Aruba Airport was given an award for Excellence in Airport Marketing by the 2015 Routes Americas. This award was a huge accomplishment for both Aruba and Aruba Airport Authority. We look forward to carrying Aruba and the Aruba Airport Authority on fast runs this weekend in our Jerry Haas-built Ford Mustang. We cannot be more proud to be partnered with such an organization and look forward to promoting our 'One Happy Island' together."

Follow Team Aruba on Facebook and Twitter.





ARUBA'S VERY OWN MOUNTAIN MOTOR PRO STOCK DRAG RACING MUSTANG

NEXT RACE
JUNE 19-20
 MARYLAND INTERNATIONAL RACEWAY



Health:

NEW **ANTI-MALARIA** **drug** developed at **Dundee University**

RESEARCHERS at Dundee University have discovered a new compound which could treat malaria while protecting people from the disease and preventing its spread, all in a single dose.

The compound, DDD107498, was developed by the university's Drug Discovery Unit and the Medicines for Malaria Venture.

Scientists said the "exciting" new drug could work well against parasites resistant to current treatments.

The World Health Organisation reported 200 million clinical cases of malaria in 2013, with 584,000 people dying from the mosquito-borne disease, most of them pregnant women or children under five. Concerns have been growing about strains of malaria which are resistant to current treatments, which have already appeared on the border between Myanmar and India. 'Real threat'

Dr Kevin Read, joint leader of the project, said new drugs were "urgently needed". He said: "Resistance to the current gold-standard anti-malarial drug is now considered a real threat. 'The compound we have discovered works in a different way to all other anti-malarial medicines on the market

or in clinical development, which means that it has great potential to work against current drug-resistant parasites.

"It targets part of the machinery that makes proteins within the parasite that causes malaria."

Dr David Reddy, CEO of MMV, added: "Malaria continues to threaten almost half of the world's population - the half that can least afford it.

"DDD107498

is an exciting compound since it holds the promise to not only treat but also protect these vulnerable populations."

The university has been working with MMV since 2009 to identify new treatments for the disease. The project was initiated by testing a collection of about 4,700 compounds at the Drug Discovery Unit (DDU), to see if any

would

kill the malaria parasite.

This provided the chemical starting-point for the new compound, which was optimised through cycles of design, preparation and testing.

The compound is now undergoing safety testing through MMV, with a view to entering human clinical trials within the next year.





SUSPECT CAUGHT in Charleston Church Shooting that killed 9

POLICE have apprehended the suspected gunman who killed nine people at an historic black church in Charleston, South Carolina.

Dylann Roof, 21, was caught Thursday following the shooting spree at Emanuel African Methodist Episcopal Church that occurred on Wednesday night. He was arrested in Shelby, North Carolina, about 245 miles north, during a traffic stop, Charleston Police Chief Gregory Mullen announced at a news conference.

"I am so pleased that we were able to resolve this case quickly ... so that nobody else is harmed by this individual who obviously committed a tragic, heinous crime in the city of Charleston," Mullen said.

Chilling details had emerged about the attack before Roof's capture. The gunman went to the church and asked for the pastor, the Rev. Clementa C. Pinckney, and sat among parishioners during a Bible study meeting, a survivor later told one of Pinckney's cousins.

He then opened fire on the gathering. "At the conclusion of the Bible study, from what I understand, they just start hearing loud noises ringing out," cousin Sylvia Johnson told NBC affiliate WIS-TV, "and he had already wounded — the suspect already wounded a couple of individuals."

She said one of those people was Pinckney, a 41-year-old married father of two and Democratic member of the state Senate. The female survivor told Johnson that the gunman reloaded five different times and that her son was trying to "talk him out of doing the act of killing people."

But he wouldn't listen, she said. "You rape our women and you're taking over

our country. And you have to go," the shooter told the group, according to the survivor's account to Johnson.

"This is an unfathomable and an unspeakable act by somebody filled with hate and with a deranged mind ... this person is dangerous," Mayor Joe Riley Jr. said at an early morning news conference.

Charleston officials said the FBI and the federal Bureau of Alcohol, Tobacco, Firearms and Explosives were now helping with the investigation, which is being called a "hate crime." The Justice Department is also opening a parallel hate crime review into the case, although the state is taking the lead.

"Even as we struggle to comprehend this heartbreaking event, I want everyone in Charleston and everyone affected by this tragedy that we will do everything in our power to heal this community and make it whole again," U.S. Attorney Gen. Loretta Lynch told reporters.

"In Charleston, to have a horrible, hateful person go into a church and kill people there to pray and worship with each other is something that is beyond incomprehensible

and is not explained," Mayor Riley said. He wanted the suspect brought to justice alive. "He needs to be dealt with, we need answers and people need closure," Brown said. "And if he was deranged, we need to know what was he doing with a gun."

Tory Fields, an associate minister at the Charleston County Ministers Conference, said the community desperately wants answers as to why

someone would use a gun on a group of people armed with nothing more than Bibles.

"What we hear now is that there was a Caucasian white man who walked into an African-American church and opened fire while people were praying, having Bible study," Fields said. "That's unacceptable." "We've been praying for a long time, we've been on our knees for a long time," Fields added. "But now it's time to stand up."



400-year-old CANNON among Spanish Armada relics found off Ireland

MORE than four centuries after it sank to the sea bed, the secrets of a Spanish Armada wreck are being uncovered off the west coast of Ireland. A number of cannons, timbers and an anchor from La Juliana, one of three Armada ships wrecked off the coastline in 1588, have been recovered by divers for Ireland's heritage ministry.

Heavy storms over the past two years are thought to have uncovered the 16th century vessel, long buried in the sandy sea bed off the coast of Streradagh, in County Sligo. The government was first alerted after timbers started washing ashore in April, said Heather Humphreys, Minister for Arts, Heritage and the Gaeltacht (Irish-language region), in a news release.

"On current evidence, the other two wreck sites remain buried beneath a protective layer of sand, but the wreck of La Juliana is now partly exposed on the seabed along with some of its guns and other wreck material," Humphreys said.

"This material is obviously very historically and archaeologically significant," Humphreys said the priority for the government was to safely recover the artifacts, "so they can be conserved and safeguarded by the National Museum, whilst at the same time also recording the wider wreck site." - Relics dating to 1570

Among the relics recovered by divers are two cannons, including one dated 1570 which bears a dedication to and depiction of Saint Matrona, particularly venerated in Spain's Catalonia region. They are said to be in excellent condition.

La Juliana, a merchant ship built in 1570, was one of 130 vessels called into service by the king of Spain, Philip II, for his armada.

The flotilla set sail for England in July 1588 with the aim of overthrowing its protestant ruler, Queen Elizabeth I. But a combination of mistakes, poor planning and attacks by the English navy resulted in the Spanish fleet being scattered in the English Channel and fleeing up the east coast of England.

A severe storm in the North Atlantic caused many of the beleaguered Spanish ships to sink off Scotland and the west coast of Ireland. The recovery operation is expected to last a number of weeks, the Irish government said.





Pope Francis blames 'HUMAN SELFISHNESS' for global warming

Pope Francis has issued a sweeping 184-page papal letter, writing that climate change is a global problem with far reaching environmental and social consequences — especially for the poor. He blamed apathy and greed and called on developing countries to limit the use of nonrenewable energy and to assist poorer nations.

"Those who possess more resources and economic or political power seem mostly to be concerned with masking the problems or concealing their symptoms," Francis wrote of the impact of climate change in the encyclical titled "Laudato Si," or "Praise Be."

He called on humanity to collectively acknowledge a "sense of responsibility for our fellow men and women upon which all civil society is founded." And he wrote that climate change "represents one of the principal challenges facing humanity in our day."

Francis said that developing countries, as the biggest

producers of harmful greenhouse gasses, owe the poorer nations a debt. "The developed countries ought to help pay this debt by significantly limiting their consumption of nonrenewable energy and by assisting poorer countries to support policies and programs of sustainable development."

In one particularly blunt passage, Francis writes: "The earth, our home, is beginning to look more and more like an immense pile of filth. In many parts of the planet, the elderly lament that once beautiful landscapes are now covered with rubbish. ... Frequently no measures are taken until after people's health has been irreversibly affected."

The letter has put the pope firmly on the side of the world's climate scientists, an overwhelming number of whom say that the Earth is warming and that mankind is responsible for a substantial portion of the temperature rise.

This also places him at odds with "climate skeptics," including many Republican lawmakers and GOP presidential candidates. However, the encyclical is being praised by environmental groups. In a statement from WWF International, President Yolanda Kakabadse called the pope's voice "a much needed moral approach to the climate debate. Climate change is no longer just a scientific issue; it is increasingly a moral and ethical one."

Vincent Miller, who holds a chair in Catholic theology and culture at the University of Dayton, has been quoted saying that the encyclical "gives Francis a very traditional basis to argue for the inclusion of environmental concern at the center of Christian faith. Critics will say the church can't teach policy, the church can't teach politics," Miller said. "And Francis is saying, No, these things are at the core of the church's teaching."



Foods to help **FIGHT** **VISION LOSS**

GROWING up, you were probably told to eat carrots for your eyesight. The latest science shows that's good advice, as eating the right diet can help prevent a common cause of vision loss.

"Carrots are actually just one of the many foods and supplements that contribute to good eye health," James McDonnell, MD, a pediatric ophthalmologist at Loyola University Health System, said in a press statement. "In some cases, eyesight can actually be improved depending on what you eat."

Researchers have found that certain foods can help prevent macular degeneration, a leading cause of blindness and vision problems for people middle aged and older. Macular

degeneration affects an estimated 1.8 million Americans over the age of 40, and the Centers for Disease Control and Prevention says the number is expected to rise to 2.95 million by the end of the decade.

«The side effects are terrible. They're debilitating. You can't read. You can't drive. You can't see your loved ones," cookbook author Jennifer Trainer Thompson stated.

Thompson and Dr. Johanna Seddon, a leading eye doctor and researcher, teamed up to write the cookbook «Eat Right for Your Sight," a guide to help you protect your sight beginning in your kitchen.

«If you take away one thing from this

cookbook, it's the new holy trinity of food: three different colors a day," said Thompson.

Think of the red in peppers and pomegranates; the purple in beets; the green in leafy green veggies; and the yellow in butternut squash. That's where the nutrients are found for eye health. Vitamins A and E, as well as Omega-3 fatty acids, found in cold water fish, make a direct impact on your sight.

«I would say that it's a fresh diet. And I would say that my hallmark as a cookbook writer is I like recipes that are easy, simple to prepare. They don't require a lot of fuss and that they have lively flavors," Thompson said.

Some examples include adding kale into a blueberry smoothie or hiding some pureed beets in chocolate cupcakes with chocolate yogurt frosting. Foods are also paired, like spinach and oranges for maximum absorption of iron and vitamin C.

«The chair of the foundation of the American Macular Degeneration Foundation was diagnosed at age 39. He is now in 60's and after two decades of eating well, and trying to eliminate other risk factors, he can still drive and read and he's a walking testament to the fact that you are what you eat," Thompson said.

The cookbook «Eat Right for Your Sight» is a project of the American Macular Degeneration Foundation.



Premier League fixtures 2015/16:

TEN BIG GAMES to watch

AFTER the announcement of the Premier League fixture list, we pick out 10 eye-catching games to watch in 2015/16.

Bournemouth v Aston Villa, August 8

After the euphoria of promotion, Bournemouth's top flight credentials will be tested for the first time in their history at home to Aston Villa on the opening day. Eddie Howe has exceeded all expectations by guiding the Cherries to the Premier League, and this curtain-raiser will be an historic occasion at the 11,700-capacity Goldsands Stadium.

Villa will be tricky customers, however, with Tim Sherwood eager to spoil the party. The disappointment of their FA Cup final defeat to Arsenal will still be fresh in the memory, but they are a far better side than this time last year.

Manchester City v Chelsea, August 15

Chelsea started the 2014/15 campaign with four consecutive wins, but runners-up Manchester City have an early chance to gain the upper hand this year. Frank Lampard's late equaliser gave City a point after Andre Schurrle had put the Blues in front in the same fixture last season, but they will hope to take all three this time around.

Manuel Pellegrini is yet to taste victory over Jose Mourinho since the Portuguese's return to England in 2013, however, and the Chelsea boss is a master of frustrating top opposition. It promises to be an intriguing encounter.

Manchester United v Liverpool, September 12

Liverpool start the season with a hellish run of away fixtures against Stoke City, Arsenal, Manchester United, Everton, Tottenham, Chelsea and Manchester City. The pressure will mount on Brendan Rodgers if results don't go their way, and their visit to Old Trafford on September 12 will be crucial. United were 3-0 victors in this fixture last season, and another heavy defeat for Liverpool against their old rivals would be bad news for Rodgers.



Chelsea v Arsenal, September 19

Ending their Mourinho hoodoo would give Arsene Wenger's Arsenal a major boost in their bid to mount a serious title challenge next season. Wenger is without a win against Mourinho in 13 attempts, but he will get another chance on September 19.

After back-to-back FA Cup successes, there is a sense of optimism at the Emirates going into the new Premier League campaign. Stamford Bridge has proved an unhappy hunting ground in recent seasons, but Arsenal improved their big-game record last season and victory in west London would be a major boost.

Tottenham v Manchester City, September 26

Can Tottenham break into the top four? City's visit to White Hart Lane in late September will be an opportunity for Mauricio Pochettino's men to make a statement of intent – although the omens are not great.

City have been completely dominant in the head-to-head stakes over the last two seasons, winning all four of their games against Spurs, scoring 16 goals in total. Spurs are in the process of re-shaping their squad, however, and a positive result against City could boost their chances of cracking the top four.

Everton v Liverpool, October 3

The first Merseyside derby of the season is always an eagerly-anticipated fixture. Liverpool's tricky run of away fixtures at the start of the campaign has been the focus of much attention, but Everton have a difficult start themselves.

By the time the Reds visit Goodison Park at the start of October, Roberto Martinez's side will already have faced Southampton, Manchester City, Tottenham and Chelsea. The two sides' difficult starts to the season will put even more emphasis on this clash.

Manchester United v Manchester City, October 24

After a transitional season under Louis van Gaal, Manchester United should be back in the frame for the title in 2015/16. United ended a run of four consecutive defeats against City with an emphatic 4-2 win at Old Trafford in April, and they lock horns again in late October. United will have already faced Tottenham, Arsenal and Liverpool by this point, but their first meeting with City will be an even bigger test of their title ambitions.

Manchester City v Liverpool, November 21

Could November 21 be the day Raheem Sterling lines up against Liverpool for the first time? The young winger appears to be City's number one transfer target this summer and the Reds are expected to cash in sooner or later. But this will be a huge test for the Reds regardless of Sterling's situation. The Reds were beaten 3-1 at the Etihad in the early stages of last season, although they did claim a 2-1 win over Pellegrini's side at Anfield in March.

Newcastle v Sunderland, March 19 Steve McClaren will have to wait until March for his chance to deliver Newcastle's first home win over bitter rivals Sunderland since 2010. Sunderland have won the last five meetings between the two sides, and a long-awaited home victory for the Magpies would make McClaren a popular figure at St James' Park – if, indeed, he is still in the hot seat when the fixture comes around.



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Chelsea v Manchester City, April 16

In the weeks leading up to the season's finale, Chelsea's home clash with Manchester City in mid-April stands out. There are still four rounds of fixtures to go after this point, but this encounter could still prove significant. Their last meeting at Stamford Bridge ended in a 1-1 draw in January, and with so much at stake it is likely to be another closely-contested match. The likes of Arsenal and United will aim to still be involved in the title race in April, so slip-ups could be costly for both Chelsea and City.